



Matthew Meyer
County Executive
Div. of Comm. Resources

Absalom Jones Senior Center

310 Kiamensi Rd., Wilmington, DE 19804 995-7636

Open Monday through Friday, 9am to 2pm

Hot lunch and salad bar served daily at 11:30am

May 2020

DUE TO CORONAVIRUS, ALL ACTIVITIES, PROGRAMS AND TRIPS AT ABJ ARE POSTPONED UNTIL FURTHER NOTICE.

From the Director's Desk

This is a different year for sure. Who would have expected what has happened to the USA and the rest of the World? It's a sad time for many people! We are thinking of everyone and pray you are safe.

The weather is still a bit cool. But I'm thinking about our garden. We will need some helping hands for planting, weeding, watering and of course eating. I'm excited to get plants in the ground. But they may have to wait a couple more weeks.

Absalom Jones will celebrate our "44" anniversary however it will take place at another time. Had several trips and activities planned but as you know they are on hold for now.

A HUGE THANK YOU to my staff who always goes the extra mile to help. All of you are wonderful and definitely appreciated.

See you at the center! Regards, Joan

New Castle County Senior Center Mission Statement

New Castle County provides recreational, educational and nutrition services for seniors 55+ years of age regardless of race, religion, sex, ethnic origin or handicap. All those attending the Center must be able to take care of their personal needs and make independent decisions as they participate in the activities of the day.

MAY BIRTHDAYS

Velma Wheeler	Jiann Chang	Grazia Markland
Pat Gardiner	Ruth Lambert	Cynthia Jones
Nancy Anthony	Kathleen Lewis	Lynn Gray Beal
Ralph Smith	Beverly Gorski	Dolly Ray
Peggy Miles	Mary Mensinger	Eileen Aiken
Evelyn X Smith	Susan Joseph	Irene Sama
Joanne Nagy	Harry Ruth	Paulette Mercado
John Felme	Jeanne Sadot	Mary E. Zielinski
Ari Brown	Santissa Washington	Delores Moore
Diane Ford	Ari Brown	Peggy Smith

Senior of the Month: Charles Hutt

Charles was born March 7 in Wilmington. He claims to be a lifelong Delawarean and now lives in New Castle. He graduated from Howard H.S. and worked for the City of Wilmington Water Department for 43 years also trained new employees. He retired from there. Charles has one son and two daughters. He has grandchildren: three boys and three girls.

His favorite TV show is "In the Heat of the Night", Maverick, and Old Westerns and Army Movies. Charles likes fried chicken and ice cream. His hobbies include fishing, target practice and helping people. He is always donating something to the center. Charles likes visiting his children and likes to vacation in North Carolina and New York. Charles would like to have lunch with Michael Jackson because he was a talented singer and dancer.

Thanks for sharing some of your life with your friends at the center.

We are awarding a monthly gift to a lucky birthday person. Every time the birthday person for that month comes to the Center for a meal or trip, we will enter their name in a drawing for a gift to be awarded at our birthday party. So the more times you get your name in the basket, the better chance you will have to win!

In case of inclement weather, please listen to **WDEL (1150) or WILM (1450) am radio stations** To check for Center closings & transportation cancellations.

Please DO NOT call the Center.

STAFF

Director

Joan Budrow

Assistant Director

Judy Panchisin

Site Manager

Sheila Kellam

Drivers

James Kula

Wayne Winters

Karen Murphy

Daily Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9am-2pm: Game Room and Fitness Center Open</p> <p>9:30am: Bank & Post Office (1st Monday)</p> <p>Computer Class</p> <p>9:45-11:30am: Surratte Pool (June-September)</p> <p>10:30-11:30am: Bible Study</p> <p>12:30pm: Medicine Pickup at Your Drugstore (2nd Monday)</p> <p>Debbie's Cardio</p>	<p>9am-2pm: Game Room and Fitness Center Open; Bingo</p> <p>9:30am: Sitting Tai Chi with Kevin</p> <p>10am: Book Club (3rd Tuesday)</p> <p>10:30-11:15am: Dancing Frenzy with Rick (1st Tuesday)</p> <p>12:30-1:30pm: Chess Club Group Exercise Class</p> <p>1:30-2pm: Debbie's Cardio</p> <p>1:30-2pm: Pickle Ball</p> <p>FIRST TUESDAY OF THE MONTH... <i>Sassy Ladies Meeting</i></p> <p>LAST TUESDAY OF THE MONTH... <i>Birthday Party!</i></p>	<p>9am-2pm: Trip Day</p> <p>9am-2pm: Game Room and Fitness Center Open</p> <p>9:15-11:45am: Water Color Class (2nd & 4th Wednesday)</p> <p>9:45-11:30am: Surratte Pool (June-August)</p> <p>10am: Video Armchair Exercise</p> <p>Tai Chi</p> <p>Sewing/Quilting Class (1st & 3rd Wednesday)</p> <p>12pm: Bid Whist</p>	<p>9am-2pm: Game Room and Fitness Center Open</p> <p>9am: ShopRite</p> <p>9:30am: Sitting Tai Chi with Kevin</p> <p>10-11:30am: Bingo</p> <p>10:30am: Bible Study</p> <p>10:45-11:30am: Soul Line Dancing (First 4 Thursdays)</p> <p>11:30am sharp!: Pinochle</p> <p>12:30pm: Group Exercise Class</p> <p>2-3pm: Drama Club Practice</p>	<p>9am-2pm: Trip Day</p> <p>9am-2pm: Game Room and Fitness Center Open</p> <p>9am-11am: Movies in the computer room</p> <p>9:30am: Tai Chi</p> <p>10am-1pm: Cosmetologist (last Friday each month)</p> <p>10:30-11:30am: Win Dance Class</p> <p>Art Therapy (1st & 3rd Friday)</p> <p>12-4pm: Bid Whist</p> <p>1pm: Walking the gym: 19 laps = 1 mile</p>

Activities & Services Offered Throughout the Year

- GAMES:** Bingo, pinochle, billiards, shuffleboard, pickle ball, Wii.
Game room is open daily from 9am-2pm.
- HEALTH:** Blood pressure screening, Delaware Assistance Prescription Program, Vial of Life, Medicare information, Speakers
- FITNESS:** Dance classes, water aerobics, tai chi, group exercise, walk the gym, Beginners dance class, Debbie's cardio
- SERVICES:** Elderinfo, Legal Aid, Tax assistance by AARP, defensive driving, computer classes, caregiver information, book and video lending library, Delaware Energy Assistance Program
- GROUPS:** Advisory Council, Red Hat Society "Sassy Ladies", Chess Club, Crochet Club, Drama Club, Shuffleboard Club, Wii Bowling, Book Club
- ARTS & CRAFTS:** Watercolor class, paper flower making, candy making

Look for dates and times in the newsletter or ask the Senior Center staff!

Thinking of You

We are missing all of our members at the Center. Hoping everyone is healthy and safe from the COVID-19 virus. Praying for the doctors and nurses who are on the front lines doing their job!

Welcome New Member:

Maria Rascon

TRIVIA QUESTIONS:

1. The most used letter in the alphabet is _____.
2. Rats cannot _____.
3. Men get _____ more often than women do.
4. No word in the English languages rhymes with what four words?

Legacy

You joined the ABJ Center because you found a place to call home. The Center offers trips, activities, educational offerings, and resources that help you live a more fulfilling life. You have made friends that you accompanied on many trips. Some of you have made life-time friends. By remembering the ABJ Senior Center in your will or even a donation, you can help preserve a place for others to come for many years. For more information and assistance, contact the Center Director.

Friendly Reminder

For your health and safety, **please** do not take items from the lunch trays and store them in your bag or purse. It is risky to have food items sit at room temperature. Please consume all food items at the Center. Thank you for your cooperation.

Book Buddy Program

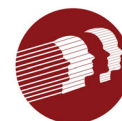
This is a program to provide reading material to homebound seniors who are unable to visit their County library. To find out more or to sign up for this free service call **395-5656**.

Greeting Cards

Check out the rack of cards in the game room. They are \$.25 each and the money benefits the Center.

Emergency Food Assistance

New Castle County Department of Community Services/Division of Community Resources, in partnership with the Division of State Service Centers is pleased to offer emergency food assistance for seniors. If you are in need of food, call Absalom Jones Senior Center at (302) 995-7636 or the State Service Center at (302) 892-5972.



Absalom Jones Senior Center

Advisory Board

President: John Smith

Vice-President: Norbert Quigley

Secretary: Castella LaCompte

Assist. Secretary: Joan Gay

Goodwill Ambassador: Annette Tomasello

Staff

Director: Joan Budrow

Assistant Director: Judy Panchisin

Site Manager: Sheila Kellam

Center Assistant: Katherine DeBose

**Drivers: James Kula, Wayne Winters,
Karen Murphy**

Advisory Board Meeting

POSTPONED May 19, 12 P.M.

ABSALOM JONES SENIOR CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MAY 2020</p> <p style="text-align: center;">EFFECTIVE MARCH 16, 2020,</p> <p>ALL PROGRAMS & ACTIVITIES AT ABJ ARE SUSPENDED UNTIL FURTHER NOTICE DUE TO COVID-19. We are delivering meals to those members who are not able to drive and perhaps live home alone. The County and ABJ partnered with City Fair to have meals delivered each day when they drop off the Meals On Wheels at our center. One of our bus drivers and a staff person deliver the meals to the members. The meals are kept at the proper temperature when delivered. We want to thank City Fair for allowing us to help our members in need.</p>				<p>1 9-2: Trip Frontier Festival \$5 + \$3 9:30: Tai Chi 10:30: Art Therapy, Line Dance 12: Bid Whist</p>
<p>4 8:30: Trip Shady Maple 9: Computer Class 9:30: Scrabble/ Upwords, 12:30: Cardio</p>	<p>5 9:30: Bingo, Sitting Taichi 10:30: Dancing Frenzy 11:30: 12:30: Group Exercise 1:30: Cardio</p>	<p>6 9-3: Trip Mercer Museum, Font Hill Castle 9: Scrabble/Upwords 9:30: Watercolor Class 10: Armchair Exercise, Tai Chi 12: Bid Whist</p>	<p>7 9: ShopRite 10:30: Bible Study, 10:45: Dancers Knowledge 11:15 Pinochle Club 12: 30: Group Exercise 2: Drama Club Practice</p>	<p>8 9-2: Trip Wal-Mart Middletown 9:30: Tai Chi 10:30: Line Dance 12: Bid Whist</p>
<p>11 9: Computer Class 9:30: Scrabble / Upwords, 12:30: Cardio,</p>	<p>12 9:30: Bingo, Sitting Taichi 10: 30: Dancing Frenzy 12:30: Group Exercise 1:30: Cardio</p>	<p>13 9-3: Trip Grounds for Sculpture Ticket: \$12 9: Scrabble/Upwords 10: Armchair Exercise, Tai Chi 12: Bid Whist</p>	<p>14 10:30 Bible Study, 10:45: Dancers Knowledge 11:30: Speaker: 11:15: Pinochle Club 12:30: Group Exercise, ShopRite 2: Drama Club Practice</p>	<p>15 9-2 Trip Boothwyn Farm Market 9:30: Tai Chi 10:30: Art Therapy, Line Dance 12: Bid Whist</p>
<p>18 8:30-6:30: Trip Resorts Casino coach \$35 9: Computer Class 9:30: Scrabble/Upwords, 10:30: Bible Study 12:30: Cardio</p>	<p>19 9-2: Trip Mystery Ride / \$ 7 Breakfast 9:15: Bingo 10:30: Dancing Frenzy 12:30: Group Exercise 1:30: Debbie's Cardio</p>	<p>20 8:30-2: Trip QVC/ Golden Corral 9: Scrabble/ Upwords 9:30: Watercolor Class 10; Armchair Exercise 12: Bid Whist</p>	<p>21 10:30: Bible Study 10:45: Dancers Knowledge 11:15: Pinochle Club 12: ShopRite 12:30: Group Exercise 2: Drama Club Practice</p>	<p>22 9-2 Trip Schaeffer's Canal House 9:30: Tai Chi 10:30: Line Dance 12: Bid Whist</p>
<p>25 Memorial Day Center Closed</p>	<p>26 9:15 Bingo 10:30: Dancing Frenzy 12:30: Group Exercise 1:30: Debbie's Cardio</p>	<p>27 9-2: Trip Woody's Restaurant 9: Scrabble/Upwords 10: Armchair Exercise, Tai Chi 12: Bid Whist</p>	<p>28 10:30: Bible Study 10:45: Dancers Knowledge 11:15: Pinochle Club 12:30: Group Exercise 2: Drama Club Practice</p>	<p>29 9-2 Trip Capt. Hynson Boatride \$15 9:30: Tai Chi 10:30: Line Dance 10:30: Line Dance</p>